# Mrs. Antrim, School Counselor

Class of 2025

For best ways to reach me & stay current throughout the school year:

Email:

krista.antrim @cchs165.com Office Phone: 618-457-3371 ext. 206

## CCHS Website

Visit & request appointments through the Counseling Page or Class of 2025 Page on TerrierNet

[http://www.cchs165.jacksn.k12.il.us/students \_\_\_parents/class\_of\_2025]

Sign up for Our Class Remind

Last Names A-L: Text @2025a-I to 81010 Last Names M-Z: Text @2025m-z to 81010



Students! Accept Mrs. Antrim's



Get involved in a club, activity, and/or sport!

Get involved in a club, activity, and/or sport!

Have great attendance & do your best academically!

Focus on your personal health & wellness!

Know & understand these key terms to be successful at CCHS:

Credits GPA Transcript



#### ACADEMICALLY

Set goals & achieve them

·Communicate needs & seek help when needed

·Graduate on time, ready for post-secondary success

### SOCIALLY/EMOTIONALLY

·Get involved in the school community

·Foster positive, healthy relationships

·Find balance and wellness in everyday life

lam here to help students
personally, academically, &
with college/career
development

#### CAREER/COLLEGE PLANNING

Explore post-secondary opportunities through SCOIR

·Build soft skills and a strong work ethic

Prepare for life after high school with the ability to adapt, cope, & achieve